

Osteoporosis ■ Osteopenia

## Patient History Revised 10/10/23

Date:	Patient's Name	:	
Primary Care Provider's Name:		Primary Care Provider's Phone #:	
ALLERGIES:			
Are you allergic to any medic		Reaction: (rash, itching, shortness	of breath, nausea, etc.)
MEDICATIONS: (I ist any me	edications you are presently tak	ing, including vitamins/supplements)	
PERSONAL SURGICAL HIS	TORY: (Check any surgical pr	rocedures you have undergone and	list the date performed)
□ Appendectomy □ Breast Biopsy Left/Right □ Breast Reduction □ Breast Augmentation (implants) □ Colonoscopy □ C-Section (indicate number) □ D & C □ Endometrial Ablation □ Gall Bladder		□ Heart Surgery (type) □ Hysterectomy Vaginal/Abdominal □ LEEP/Conization □ Removal of Ovaries □ Sterilization □ Tonsillectomy □ Other □ Hysterectomy Reason for Hysterectomy	
PERSONAL MEDICAL HIST	ORY: (check any medical pro	blems that you currently have or I	have had in the past)
Cancer (indicate type)  Breast Cervical Colon Endometrial Lung Ovarian Other High Blood Pressure High Cholesterol Heart Attack Mitral Valve Prolapse  Endocrinology Diabetes Mellitus (during pregnancy) Diabetes Mellitus (non-insulin dependent) Diabetes (insulin dependent) Thyroid Problems Hypothyroidism Hyperthyroidism	Gastrointestinal  Crohn's Disease Ulcerative Colitis Gallbladder Disease GERD (Reflux) Irritable Bowel Syndrome (IBS) Liver Disease Hepatitis  Hematology Anemia Blood Clotting Disorder Blood Transfusion DVT (Deep Vein Thrombosis) PE (Pulmonary Embolism/ Clot in Lung) Sickle Cell Disease/Trait	Infectious Disease  Chicken Pox Shingles HIV Tuberculosis/ Positive PPD  Neurology Alzheimer's/Dementia Headache/Migraines Numbness in Hands/Feet Seizures/Epilepsy Stroke  Psychiatric ADD/ADHD Anxiety Bipolar Disease Depression Eating Disorder Panic Attacks	Pulmonary  ☐ Asthma ☐ COPD/Emphysema ☐ Seasonal Allergies  Rheumatology ☐ Arthritis ☐ Autoimmune Disease ☐ Fibromyalgia  Urology ☐ Frequent ☐ Urinary Tract Infections ☐ Hematuria ☐ (blood in urine) ☐ Kidney Disease ☐ Kidney Infection ☐ Incontinence ☐ (bladder leakage)

SOCIAL HISTORY:				
Do you smoke cigarettes? ☐ Yes ☐ No	How much per day:			
Have you used tobacco products in the pa	st? ☐ Yes ☐ No If yes, when did you s	stop smoking:		
Do you use e-cigarettes or vape? ☐ Yes ☐ No Explain:				
Does anyone else in your household smoke cigarettes? ☐ Yes ☐ No Explain:				
Alcohol use:   Yes No How much per day/week:				
Drug use:   Yes No Describe:  Coffeine:   None Describe:   Heavy				
Caffeine: ☐ None ☐ Occasional ☐ Moderate ☐ Heavy				
Exercise: Light Moderate Heavy				
Occupation: Education Level Completed:				
Relationship Status:   Married   Single   Divorced   Widowed   Religious Affiliation:				
Is a blood transfusion acceptable in an emergency? ☐ Yes ☐ No				
What is your gender identity? What is your sexual orientation?				
GYN HISTORY:				
Date of most recent	Date of most recent	Date of most recent		
Pap Smear:	Mammogram:	Bone Density:		
Location of most recent Pap Smear:	Location of most recentMammogram:	Location of most recent Bone Density:		
History of: (Please check all items that app  ☐ Abnormal Pap Smear	oly) □ Ovarian Problems	☐ Chlamydia		
Describe:	□ PCOS	☐ Gonorrhea		
☐ HPV/Genital Warts	☐ Infertility	☐ Trichomonas		
☐ Endometriosis	☐ Bacterial Vaginosis	☐ Herpes Simplex		
☐ Fibroids	☐ Yeast Infections	☐ Syphilis		
Are you sexually active?  \( \text{\tite{\text{\tite{\tite{\tite{\text{\tilitet{\texi}\tiex{\text{\text{\text{\texit{\texi{\texi}\text{\texit{\texi}\tex{\text{\text{\text{\texi{\text{\texi}\texit{\text{\texi{\t				
MENSTRUAL HISTORY:				
Age started menstrual cycle:	Age started menstrual cycle: Date of last menstrual period:			
# of days of bleeding with your period:	# of days from start of one pe	riod to the start of the next period:		
Flow is: ☐ mild ☐ moderate ☐ heavy				
Menstrual Cramps: ☐ None ☐ Mild ☐ M	Moderate ☐ Severe	Bleed between Periods: ☐ Yes ☐ No		
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FAMILY MEDICAL HISTORY: (Please indicate relationship: mother, father sister, brother, grandmother, etc.)				
☐ Cancer (breast/ovarian/uterine/colon/pancreas/other)				
☐ Depression	☐ High Blood Pressure			
☐ Diabetes	☐ High Cholesterol			
□ Endometriosis	☐ Irritable Bowel			
☐ Fibroids	☐ Osteopenia			
☐ Heart Attack	☐ Osteoporosis	Ulcerative Colitis		
IMMUNIZATIONS: (Please provide the year	ar the immunization was given)			
□ Hepatitis B □ Varicella (Chicken Pox)				
☐ Flu shot				
PREGNANCY HISTORY:				
		Province have your heads		
How many times have you been pregnant:		eliveries have you had:		