

Nash Women's Center

BREASTFEEDING CLASSES

This class is designed to educate mothers about the basic techniques they can use to enjoy a positive breastfeeding experience with their baby.

UNC
HEALTH
Nash

Classes will be offered in person and virtually through the Webex application. Upon registration, you will receive a link to join the Webex class.
Led by Shannon Morgan, RN, BSN, Lactation Consultant

VIRTUAL DATES

IN-PERSON DATES

JANUARY 23, 2025

FEBRUARY 27, 2025

MARCH 27, 2025

APRIL 24, 2025

MAY 29, 2025

JUNE 26, 2025

JULY 31, 2025

AUGUST 28, 2025

SEPTEMBER 25, 2025

OCTOBER 30, 2025

NOVEMBER 20, 2025

DECEMBER 18, 2025



All classes are
7pm to 9pm

Open to pregnant women, new mothers and babies, and their supportive loved ones.

To register, please call or email:

(252) 962-BABY (2229)
nashwomenscenter@unchealth.unc.edu